

# Proud Of OUT Flag

### **London, 20 July 2020**

The Colombian Embassy in the United Kingdom invites you to commemorate the 210th anniversary of our country's independence on July 20. We want to share with you some of the most representative cultural and artistic samples that take us, virtually, to our essence, characterized by a resilient spirit, a constant desire to get ahead and an attitude that drives us to never give up.



## Celebrating Colombia's Independence Day

Canning House is pleased to present a virtual celebration of Colombia's Independence Day, on 20 July!

This includes messages from HE Ambassador Antonio José Ardila, Colombian Ambassador to the UK, and HE Ambassador Colin Martin-Reynolds CMG, UK Ambassador to Colombia, and a selection of links to Colombia cultural materials, courtesy of the Embassy of Colombia in the UK and PROCOLOMBIA.

Click here

# Words by the Ambassador, Antonio José Ardila, on the occasion of the commemoration of Independence Day.

Ambassador Ardila sends his greetings to the Colombians and friends of Colombia in the United Kingdom and informs about the cultural activities that will take place during the week of 20-24 July. To watch the video **click here**.

Join us for a virtual concert on July 20th at 3:00PM live on YouTube, <u>link here</u>.



# #ProudOfOurFlag



# Cinematography Unexpected NeighborS

Don't miss this **documentary** about the amazing wild-life surrounding Bogota. The film will help you discover the amazing natural world of Bogota and the struggle for survival of the animals that live in their homes, gardens and neighbourhoods.

Gastronomy

# Leonor Espinosa: Chef's Recipes

Get to know the <u>culinary proposal</u> (English video link) of this

renowned chef from Cartagena and her secrets to combine the knowledge of the ancestral culinary heritage and contemporary cuisine. Our favorites are the fish ceviche with coconut milk and the rice with chicken and toast almonds. All the recipes available at **EnSuMesa**.





Now it's time to ask you, since you are in the UK, what makes you proud to be Colombian? #ProudOfOurFlag